

Let America's Natural Physician™ Guide You to Better Health – with Today's *Energy* Medicine!

TRANSFORM YOUR BODY ... NATURALLY!
DR. MARK STENGLER

Join renowned physician Mark Stengler, ND, the author of the enormously popular *Bottom Line Natural Healing* newsletter as he outlines his proven system for weight loss, vitality, and overall wellness based on the healing practices of homeopathy, herbs, supplements, natural hormones, exercise and more!

Considered by many to be the future of American healthcare, homeopathy — known as today's energy medicine — is currently in regular use by doctors around the world. Supporters of homeopathy have included members of England's royal family, seven Catholic popes, and 11 American presidents (including Bill Clinton) who have used it themselves, or have sponsored legislation to allow its practice.

While natural medicine is becoming increasingly popular in America, few doctors have the training and experience that Dr. Stengler does with homeopathy and other forms of natural medicine. That's why, in this empowering audio program *Transform Your Body ... Naturally! Join the HealthCare Revolution with America's Natural Physician*, Dr. Stengler reveals:

- The six principles of holistic wellness
- Diet and nutrition: foundations of great health
- The top 22 proven herbal remedies
- Homeopathy: understanding today's energy medicine
- The top 28 nutritional supplements
- The essentials of exercise for longevity
- The 8 super foods you must have in your diet

- The importance of healthy relationships for good health
- Banishing fat more effectively and how to combat weight gain
- The major pitfalls of pharmaceutical drugs
- Natural prostate preservers
- Natural ways to clear your arteries
- Nature's top cancer fighters
- Hormone balancing tips for men and women ... and so much more!

There has never been a better time to learn from a program like this. Americans have a shorter life expectancy than people in 41 other countries. Almost 70% of American adults are now overweight, and 32% are obese. Worse yet, 47 million Americans — nearly 16% of the population — lack medical insurance. This program addresses these concerns — powerfully! Holistic therapies, combined with diet and exercise, have been proven to fight weight gain and deadly diseases. What's more, these nutritional and holistic therapies are a tiny fraction of the cost of conventional healthcare. Plus, holistic therapies are generally safe for everyone and have no side effects when used properly.

While many are waiting for our healthcare system to be reformed, Dr. Stengler urges you to take control of your own healthcare — your life and time are too important to waste! So get ready to use the advice in this program to transform YOUR body — naturally!



Mark Stengler, ND, America's Natural Physician™ is a licensed naturopathic physician, bestselling author, and lecturer. At his legendary clinic in San Diego, California, he's helped Olympic gold medalists, Hollywood stars, and CEOs of Fortune 500 companies, and thousands of families achieve better health. He served on a medical advisory committee for the Yale University Complementary Medicine Outcomes Research Project. Dr. Stengler is a frequent contributor to leading health magazines and a popular expert medical source on television, including FOX, CBS, and NBC affiliates. He has also been involved in two PBS documentaries on natural medicine. www.drstengler.com

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